

## Listado de emociones

This list contains all the emotions included on the Bingo cards. The idea is not to order them, rather to choose the most interesting ones to work with, offering clarifications and questions about what students understand by X emotion. This can help encourage student participation, with pauses where necessary to focus on a particular emotion and to ask who can think of a situation in which they have experienced it.

Satisfaction	Good mood	Indifference	Nostalgia
Inner peace	Enjoyment	Tension	Apathy
Stability	Contentment	Resentment	Resignation
Happiness	Optimism	Shock	Pain
Tranquility	Relief	Panic	Pessimism
Contentment	Euphoria	Fear	Suffering
Solidarity	Rage	Horror	Frustration
Respect	Hatred	Phobia	Nostalgia
Trust	Envy	Dread	Sorrow
Gratitude	Impotence	Terror	Disgust
Empathy	Jealousy	Sadness	Aversion
Interest	Mistrust	Upset	Surprise
Admiration	Disregard	Failure	Confusion
Affection	Aggressiveness	Boredom	Embarrassment
Patience	Indignation	Loneliness	

Satisfaction	Rage
Phobia	Sadness
Aversion	Contentment

Inner peace	Hatred
Horror	Failure
Digust	Gratitude

Stability	Envy
Fear	Boredom
Gratitude	Enjoyment

Happiness	Impotence
Aversion	Suffering
Loneliness	Relief

Tranquility	Mistrust
Panic	Nostalgia
Disgust	Empathy

Contentment	Indifference
Dread	Nostalgia
Affection	Solidarity

Respect	Jelousy
Shock	Frustration
Confusion	Interest

Trust	Disregard
Aversion	Sorrow
Contentment	Euphoria

Gratitude	Indignation
Panic	Sorrow
Pessimism	Enjoyment

Empathy	Hatred
Fear	Frustration
Disgust	Admiration

Interest	Envy
Pessimis	Pessimism
Surprise	Patience

Admiration	Jelousy
Phobia	Resignation
Happiness	Interest

Patience	Rage
Apathy	Suffering
Surprise	Good mood

Good mood	Impotence
Horror	Pain
Trust	Admiration

Enjoyment	Mistrust
Dread	Apathy
Disgust	Patience

Respect	Phobia
Indignation	Nostalgia
Satisfaction	Contentment

Contentment	Terror
Phobia	Upset
Relief	Inner peace

Trust	Tension
Phobia	Failure
Embarrassment	Stability

Relief	Agressiveness
Panic	Loneliness
Nostalgia	Respect

Euphoria	Indifference
Shock	Boredom
Embarrassment	Inner peace

Happiness	Resentment
Terror	Upset
Solidarity	Satisfaction



Relief	Agressiveness
Panic	Loneliness
Nostalgia	Respect

Euphoria	Indifference
Shock	Boredom
Embarrassment	Inner peace

Happiness	Resentment
Terror	Upset
Solidarity	Satisfaction